

better this season. Go on, grab yourself a bag and justify it later!

- Why not try washing your clothes in new Lenor Infusions? The ultimate beauty treatment for your clothes, you will still get the same sumptuous softness of your favourite Lenor, but now you can choose from four seductive new fragrances. You'll be pleasing others as well as yourself at the same time too!
- Treat your feet and give yourself a pedicure. Often the most overlooked part of the body, the feet need just as much love and attention as the more obvious bits and now the hot weather is on its way, they'll soon be getting their first airing of the season. Give them a little tender loving care before you bare all.
- Create some space at home. If your house is always full of noise and people, try and have a couple of hours a week which are sacrosanct to you at home, when you can chill out and relax in peace.
- Buy a book that's been recommended to you by a friend. If you've got a friend whose judgement you trust, why waste time ploughing through the best-sellers list? Sit down with that box of chocolates and dig in!
- Be a guest in your own home. Fill your bedroom with fresh flowers, make your bed with crisp, laundered sheets, washed in Lenor Infusions of course, and lay out some luxurious thick towels and a new bar of soap ready for an indulgent soak. You could even put a chocolate mint on your pillow to complete the fantasy! These small touches can really lift your mood and make going to bed a treat in more ways than one!